

Buckle up Every time
Don't be a statistic

- 75% of crashes occur within 25 miles of home
- 70% of people will be in a crash within the next 5 years
- 1 out of 3 people will be in a serious crash some time in their life
- Many fatal crashes happen under 40 mph
- 75% of people thrown from a vehicle are killed
- Every 7.5 minutes a crash occurs in Iowa
- 2015 in Iowa 320 people were killed from vehicle crash/accident related injuries out of those 106 were not wearing seat belts
- 2014 in Iowa 18,534 people were injured in accidents on Iowa roadways

Car Seat Installation Assistance
Certified Child Passenger Safety Techs

Blank Children's Hospital

Brandi Thompson
515-241-6293

Indianola Fire Department

Mike Cormier
515-961-9405

Altoona Police Department

Melodee Tufts
515-967-5132

Altoona Fire Department

Jared Osterloh
515-967-2216

Hammer Medical Supply

Matthew Flatt
515-246-2034

Iowa Department of Public Health

Anne Plagge
515-218-3964

Lutheran Services of Iowa

Lorilei Klein
515-271-7354

Additional Certified Techs

Polk County Sheriff's Office
Johnston Police Department
Norwalk Police Department
Norwalk Fire Department
Bob Brown Chevrolet
Urbandale Police Department
Urbandale Fire Department
Waukee Police Department
Waukee Fire Department
West Des Moines Police Department
Windsor Heights Police Department
Clive Police Department
Ankeny Police Department

Child Car Seats
&

Seat Belts



Buckle Up Iowa



Every Trip ★ Every Time

Carlisle Police Department

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195 N 1st St.

Carlisle, IA 50047

Phone: 515-989-4121

Fax: 515-989-0875

Chief of Police Matt Koch

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321.446 - Child Restraint Devices

- 1) Children must ride in an appropriate rear-facing safety seat until one year of age and at least 20 pounds.
- 2) Children must ride in a child safety seat or booster seat through the age of 5.
- 3) Children must be in a booster seat or seat belt between the ages of 6 and 11, regardless of their seating position within a vehicle
- 4) Rear seat occupants up to age 18 must be secured by a safety belt

Even Better

- 1) Children should ride in an appropriate rear-facing child safety seat until the maximum weight limit of the safety seat is reached – this can be up to 30 or 35 pounds depending on the seat.
- 2) A child should be restrained in a 5-point harness system until the maximum weight limit for the seat is reached. This is usually 40 pounds, although some 5-point harness seats are now rated up to 60-65 pounds.
- 3) At maximum harness weight, a child should graduate into a booster seat. A child should ride in a booster seat until their knees bend over the edge of the vehicle seat and their feet touch the floor while sitting all the way back.
- 4) Buckle up for life! Regardless of your age, protect yourself and fellow occupants by buckling up every trip, every time, regardless of your seating position within the vehicle.



321.445 - SAFETY BELTS AND SAFETY HARNESSSES

1. Except for motorcycles or motorized bicycles, 1966 model year or newer motor vehicles subject to registration in Iowa shall be equipped with safety belts and safety harnesses which conform with federal motor vehicle safety standard numbers 209 and 210
2. The driver and front seat occupants of a type of motor vehicle that is subject to registration in Iowa, except a motorcycle or a motorized bicycle, shall each wear a properly adjusted and fastened safety belt or safety harness any time the vehicle is in forward motion on a street or highway in this state except that a child under eleven years of age shall be secured as required under section 321.446.

Seat Belts Save Lives

- Motor vehicle crashes are the leading cause of death among teens.
- Young adults (18-24) have the highest crash-related injury rates of all adults.
- Seat belts reduce serious crash-related injuries and deaths by about half.
- Air bags provide added protection but are not a substitute for seat belts. Air bags plus seat belts provide the greatest protection for adults.

Who is least likely to wear a seat belt?

- Of the teens (aged 13-20 years) that died in crashes in 2012, approximately 55% of them were not wearing a seat belt at the time of the crash.
- Adults age 18-34 are less likely to wear seat belts than adults age 35 or older. (CDC, 2010, unpublished data)
- Men are 10% less likely to wear seat belts than women. (CDC, 2010, unpublished data)
- Adults who live in rural areas are 10% less likely to wear seat belts (78% use) than adults who live in urban and suburban areas (87% use). (CDC, 2010, unpublished data)
- Seat belt use is lower in states with secondary enforcement seat belt laws or no seat belt laws (80%) compared to states with primary enforcement laws (89%).

What can you do to help save lives?

- ✓ Be a good example and wear your seat belt
- ✓ Buckle in your children
- ✓ Make sure your child seat is installed correctly